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Shop Floor Seminar



PRESENTS:

A day of leadership with
LEADERSHIP UNDER FIRE

featuring

Jason Brezler & Justin Legg

March 24, 2018

8 AM to 5 PM

at

The Ferlazzo Building

15941 Donald Curtis Drive
Woodbridge, Virginia 22191

\$40 registration fee includes light breakfast and full lunch

Leadership Under Fire - Developing Mission-Oriented Leaders

Fires and emergencies create complex problem sets where leaders must make critical decisions in a time-competitive environment where uncertainty, friction and risk are pervasive. It is not enough for leaders to be tactically and technically competent; they must continuously strive to advance themselves physically, mentally and morally. This presentation will identify critical leadership attributes that are responsive to the moral, mental, emotional and intellectual challenges and dilemmas that fire service leaders encounter. This conversation endeavors to equip leaders with a greater regard for mission-oriented leadership, a comprehensive approach to leadership that ultimately serves to optimize human performance on the fireground and beyond.

Building an Outlook for Resiliency and Perseverance

As graduate of the United States Naval Academy and the US Navy SEAL pipeline LCDR Justin Legg was rigorously trained and developed to be a mission-oriented leader and optimal leader in austere and challenging tactical and operational environments. Despite considerable real-world operational experience as a NAVY SEAL officer, Justin's greatest physical, mental and moral challenges came after combat with a series of catastrophic life-threatening illnesses. Justin will candidly reflect on lessons that he has learned about resiliency while enduring seemingly insurmountable challenges.

Leading When it Gets Hard to Lead

While adversity can be a great catalyst that enhances leadership, it is true that overcoming hardship requires an ethos that must be formed prior to enduring an ultimate test. Justin will share valuable lessons learned from leadership crises on the battlefield, at home, and in hospitals while battling insurgents, terrorists and diseases that all sought to end his life.

Optimizing Human Performance at Fires and Emergencies

Fires and emergencies create complex problem sets in which leaders and personnel function in a time-competitive environment where uncertainty, friction and risk are pervasive. The fire service has made great strides in advancing its understanding of the physical sciences, but has largely neglected the academic disciplines that inform leaders on human performance. This presentation explores critical mental performance concepts, many of which are the product of applied research efforts in the military, professional sports and more recently the fire service. Leaders will be exposed to best practices in optimizing human performance through a cycle of command that includes the phases of preparation, execution, reflection and learning. This presentation also highlights strategic human performance initiatives that are actively underway in the FDNY and other fire departments where leaders are proactively striving to optimize individual and organizational performance.

Brought to you by: **Prince William Professional Firefighters IAFF Local 2598**

Jason Brezler

is the Founder and President of Leadership Under Fire. He has specialized in leadership development, character development and optimal human performance for over 10 years. He calls upon his extensive operational experience in Iraq, Afghanistan and New York City as he frequently prepares leaders from organizations and teams to perform at their best. Jason serves as a FDNY Special Operations Firefighter in Rescue Company 2 in Brooklyn, NY and is the principal architect of the FDNY's Mental Performance Initiative. Prior to becoming a firefighter, Jason began his career as an officer in the U.S. Marine Corps. He has led Marines on several deployments in Iraq and Afghanistan where he was decorated for his combat service and continues to serve as a Major in the Marine Corps Reserves. Jason received a Master's of Science from Oklahoma State University and a 2nd Bachelor's of Science from the University of Maryland. He completed his undergraduate degree at the United States Naval Academy where he also played Division 1 baseball for the Midshipmen.

Justin Legg

is a Retired Navy SEAL Officer. He graduated from the U.S. Naval Academy in 2000 with a B.S. in Systems Engineering. He was a member of Basic Underwater Demolition / SEAL Training (BUD/S) Class 234 and became a plank owner of SEAL Team SEVEN. While with SEAL Team SEVEN he deployed to the Middle East twice and participated in combat operations in support Operation Iraqi Freedom. After returning from Iraq, he transferred to Special Boat Team TWENTY-TWO in Mississippi, where he served as a Task Unit Commander and the Team Training Officer. In early 2006 Justin was diagnosed with a severe form of Leukemia. Over the next 10 years Justin endured over 75 treatments of chemotherapy and radiation, a bone marrow stem cell transplant, an immune disorder called Graft Versus Host Disease (GVHD), respiratory failure that led to a two-week coma, losing a third of his body mass, a double-lung transplant, and a host of other "small" things like pulmonary embolism, skin cancer, and liver disease. While he was going through his medical adventures, LCDR Legg fought to stay on active duty performing various duties at Naval Special Warfare Group TWO and FOUR, SEAL Team TWO, and even rehabilitated himself well enough to become an operational SEAL Platoon Commander at SEAL Team EIGHT for a short while in between the transplants. Justin became the first, and still the only, double lung-transplantee in the world to climb Denali in Alaska, previously known as Mt. McKinley. Justin completed his Master's Degree in International Relations from the Johns Hopkins School of Advanced International Studies (SAIS) in Washington D.C. in May 2015. Today he works as a Renewable Energy consultant for the Navy's Resilient Energy Program and lives in the D.C. Metropolitan area with the woman who was at his side taking care of him from the beginning, his wife of 11 years, Suzanne.

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